



HARU GASSHUKU 1-3 MAY 2016

Shihan Shoji Seki 8 dan

Welcome to special seminar in Poland in Dojo Stara Wieś. This is a unique space specially designed and constructed for training BUDO.

Sunday – 1 May

9.00 do 13.00 – registration
15.30- 17.00- TRENING
19.30 – 20.30 – TRENING

Monday – 2 May

6.30- 7-30 TRENING
10.30 – 12.00 TRENING
16.30 – 18.00 TRENING
20.00 – Party

Tuesday – 3 May

6.30 – 7.30 TRENING
10.00 – 11.00 TRENING
11.00 – 13.00 DAN EXAMS

COSTS:

WARIANT 1 – FULL (preferred) – **145 EUR**

including accommodation, meals and seminar fee

WARIANT 2 – PARTIAL – 85 EUR

including meals and seminar fee (without accommodation)

WARIANT 3 – ONLY SEMINAR – 45 EUR

seminar fee without accommodation and meal

There is no possibility to prepare meals independently or buying meals for just one day or several meals.

Conditions:

Accommodation in Japanese houses – each house contain 4 double rooms, living room with fireplace, 3 bathrooms, kitchen with fridge and kettle. Single room is available for a special request.

Meals – breakfast, lunch and supper.

Please inform us about requirement for vegetarian meals in form. (section: REMARKS)

You should **REGISTER** to seminar before **31 march** using form placed on site www.

ADVANCE PAYMENT – 50 EUR before 31 march on account:

Centrum Aikido Aikikai Polska

PL 09 1140 2004 0000 3502 7526 4810 SWIFT: BREXPLPWMBK

In title of transfer: advance payment of Haru Gasshuku 2015 – name and surname of participant.

REST OF FEE – before **20** April on the same account.

ATTENTION! – You can pay, of course, the entire fee at once - up to 31 March.

People who chose WARIANT 3 also must register by form and send money before **20 April**. Paying with cash will be possible only in special cases after alignment with organizers. In this case please send e:mail to agnieszka.potok@aikido.waw.pl

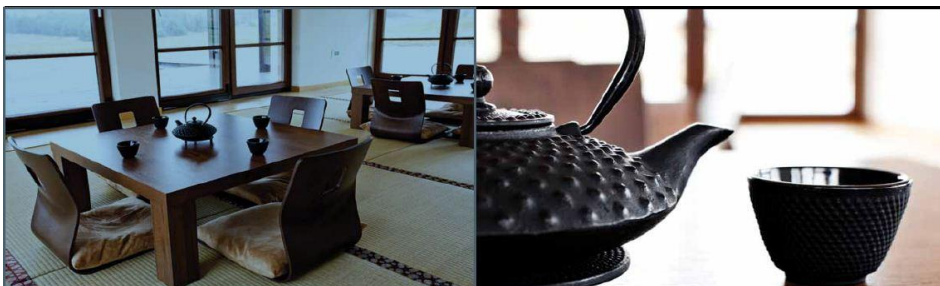
Group registration:

In case of registration of group with instructor, we ask you also for individual registration of each participant with note in comments: “group + dojo name”. For instructors who arrive on seminar with their own groups we plan additional discounts (instructor and group).

Due to limited places to stay – accommodation depends on the date of registration.

In case of questions or doubts please contact by e:mail with Agnieszka Potok biuro@centrum-aikido.org.pl

You are kindly invited :)



www.centrum-aikido.org.pl